

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryder Nkhwashu

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 02:15:15

PACE 06:25/km

**GENDER 199 of
443**

OVERALL 237 of 766

**SENIOR (20-
39) 113 of 215**



26 October 2019, Sat

Date

BoutTime

Signature

